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Introduction

This document contains the first strategic plan of the Institut du savoir Montfort-Research (ISM-Research). ISM-Research was officially launched in March 2012; thereafter, Hôpital Montfort received its designation as a Franco-Ontarian health sciences university centre in June 2013.

Affiliated with the University of Ottawa, ISM-Research provides support infrastructures to researchers and clinical researchers along with their residents and students.

This initial strategic planning activity resulted from consultations with researchers, partners and staff of ISM-Research and Hôpital Montfort. The proposals selected at the end of these consultations were enriched and validated during discussions with various Hôpital Montfort decision-making authorities.

The purpose of this strategic plan is to clarify the vocation, major directions and research themes of ISM-Research for the next five years, from 2015 to 2020.

Our Mission

To improve the health\(^1\) of the population, especially Francophone communities, by leading collaborative research programs centred on the needs of patients and participants in health care and services (families, caregivers, health professionals, administrators, policy planners and decision-makers).

Our Vision

To become the national leader in research on the organization of services, prevention, detection and treatment of physical and mental comorbidities through collaborative research.

\(^1\) Health is defined not only as the absence of illness or infirmity, but as a comprehensive state of physical, mental and social well-being (World Health Organization).
Our Major Objectives

Generating new knowledge on the two-way relationship between physical and mental illness in order to develop prevention, detection and intervention strategies.

Becoming a centre of expertise on health research geared to the needs of patients and participants in health care and services.

Innovating health services to ensure a more effective integration of care and the continuum of services in cases involving physical and mental comorbidities based on research results.
Our Research Themes

Our fields of research centre on three themes, including one major theme: the study of the two-way relationship between physical and mental illness.

The theme centred on the two-way relationship between physical and mental illness

- Endeavours to clarify the effects of a physical illness on mental health, and vice versa, to develop prevention, detection and intervention strategies in caring for persons with physical and mental comorbidities.

The health services theme

- Endeavours to develop and establish innovative approaches to integrating care and the continuum of services.

The knowledge transfer theme

- Endeavours to develop, validate and adapt training methods to Francophone stakeholders within the health network who are working in minority settings.

Our platforms of expertise serving Ontario’s Francophones

- Information and data platform centred on the health of Francophones, human resources in health care as well as health care and services in the communities.

- Plateform for a collaborative research approach centred on patients and participants in health care and services.

- Clinical research platform for supervising randomized studies both in hospitals and in the community.

- Training expertise platform to transfer and mobilize knowledge among health network stakeholders.

- Health Technologies Plateform to improve the management and self-management of patients with multi-morbidities.
Our signature

We want to achieve recognition for:

- Our discoveries on the two-way relationship between physical and mental illness and for developing prevention, detection and intervention strategies;
- Our effectiveness and efficiency in including patients and participants in health care and services at each stage of the research process, from design to the dissemination of knowledge.
- Our great contribution to improving the health of Francophone communities

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- Hôpital Montfort committee members:
  - Medical Advisory Committee;
  - Management Committee;
  - Education, Research and Innovation Committee;
  - Hôpital Montfort Board of Trustees;
- ISM-Research’s Research Office staff.

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