



APRIL 15-16 2021

19TH EDITION OF
JOURNÉES MONTFORT
Virtual edition

2021 PROGRAM

INFORMATION

journeesmontfort@montfort.on.ca

jmottawa.ca



APRIL 15, 2021		12:30 pm to 6 pm
HOUR	CONFERENCE	OBJECTIVES
12:30 pm to 1 pm	<i>Login period and visit of exhibitors</i>	
1 pm to 1:15 pm	Word of welcome <i>Dr. Marie-Noëlle Nicole</i>	
1:15 pm to 2:15 pm	PLENARY SESSION: When Belief Overrides the Evidence: How to Save Dr. Google's Patients? Olivier Bernard, <i>Le Pharmacien</i>	<ul style="list-style-type: none"> List the opportunities and challenges associated with the growing dissemination of health and scientific information via the web, social networks and mass media; Distinguish effective approaches to dealing with individuals who perpetuate medical and scientific myths; Recognize communication errors that hinder our efforts to influence and convince; Implement better strategies for communicating with individuals who raise doubts or concerns about their health.
2:20 pm to 3:20 pm	New Trends in Acute Care Dr. Vénilibe Huard	<ul style="list-style-type: none"> Identify a few recent articles that have the potential to change our emergency room practice; Discuss the integration of changes to our practice as a result of these changes; To articulate the outstanding issues in the current state of knowledge.
	May Your Diet Be Your First Medicine! Dr. Marie-Ève Bérubé	<ul style="list-style-type: none"> Explore what a plant-based diet is all about; To question the scientific evidence for a plant-based diet; Use the diet as a therapeutic tool in chronic disease management; Describe clinical cases and concrete examples of its impact on patients' health; Describe the impact of certain animal products on the human body and on the well-being of our planet.
3:20 pm to 3:50 pm	Health break and posters tour	
3:50 pm to 4:50 pm	The Impact Of Screen Time On Communication! Roxane Belanger	<ul style="list-style-type: none"> To identify the problem of excessive use of screens at a young age; Present screen time guidelines from First Words and the learned societies of paediatrics; Apply winning strategies and screen time limitations with parents and healthcare professionals.
	How To Integrate Reflective Practice Into Our Busy Lives? Dr. François Rodrigue	<ul style="list-style-type: none"> Demonstrate the importance of reflective practice in health care; To use reflective practice in our busy lives; Explain a reflective practice model through clinical cases; Identify different learning situations.
4:55 pm to 5:55 pm	PLENARY SESSION: A Low-Carbon Society: A Health Issue Dr. François Reeves	<ul style="list-style-type: none"> Define the link between cardiovascular health and our environment; Describe current climate change and its consequences on health; Propose adapted treatments for our patients suffering from environmental diseases;
5:55 pm to 6 pm	Closing remarks	

APRIL 16, 2021		12:30 pm to 6 pm
HOUR	CONFERENCE	OBJECTIVES
12:30 pm to 1 pm	<i>Login period and visit of exhibitors</i>	
1 pm to 1:15 pm	<i>Word of welcome Dr. Marie-Noëlle Nicole</i>	
1:15 pm to 2:15 pm	PLENARY SESSION: COVID: Not Again! Dr. Sarah Mansour	<ul style="list-style-type: none"> Describe the COVID-19 pandemic situation; Define the short-term and long-term consequences of a covid-19 infection; Recognize the differences in COVID-19 infection from childhood to old age;
2:20 pm to 3:20 pm	Disasters: Humanitarian Interventions in Times of Crisis Stéphane Michaud	<ul style="list-style-type: none"> Describe the organization of health care following a natural disaster or in a conflict situation; Illustrate with real-life cases the modalities and protocols of health intervention in the event of a disaster; Explain the principles and intervention capacities of humanitarian actors.
	Managing Multimorbidity - Patient-Centred Care Plan Dr. Marlène Mansour et Anik Pitre	<ul style="list-style-type: none"> Define multimorbidity; Describe the impact of multimorbidity on our health care system; Explain what the Mobile Chronic Disease Management Team service is all about.
3:20 pm to 3:50 pm	<i>Health break and posters tour</i>	
3:50 pm to 4:50 pm	What to Do When There Is A Disagreement Between the Learner and The Supervisor? Bernard Martineau, Steve Balkou et Gilles Girard	<ul style="list-style-type: none"> Explain the relevance of highlighting and correcting A's cognitive framework for managing disagreements in supervision; Use targeted intervention to manage supervisory disagreements; Identify winning conditions to facilitate this type of intervention in the A-S relationship.
	Hey, My Doctor Is On TV! Dr. Richard Waldolf et Dr. Sylvie Grosjean	<ul style="list-style-type: none"> Identify the communication and relational challenges associated with a telemedicine consultation; Propose communication strategies applicable to a patient/professional interaction context in telemedicine; To question the communication strategies to be implemented in the practice of telemedicine.
4:55 pm to 5:55 pm	PLENARY SESSION: Changing Your Life to Save Your Heart Dr. Martin Juneau	<ul style="list-style-type: none"> Review the latest news in terms of diet and exercise related to cardiovascular disease; Identify opportunities for diabetes remission; Describe how to achieve remission; Explain the role of the electronic cigarette in smoking cessation.
5:55 pm to 6 pm	<i>Closing remarks</i>	

Please note that the conferences are given in French only.

The program is subject to change without notice.